

**MICRODERMABRASION - POWER PEEL® INFORMED CONSENT**

Microdermabrasion is a non-surgical exfoliating treatment performed with a stream of fine crystals which are delivered across the skin's surface and then removed by vacuum. This process uproots dead skin cells and reveals fresh invigorated skin as the surface of the skin is resurfaced through the mechanical abrasion process. Microdermabrasion accelerates the cellular turnover process of skin cell renewal and brings the skin's appearance closer to that of healthier and younger looking skin. Improvements in appearance and texture will occur with successive treatments. Multiple treatments are often required to achieve the desired results along with ongoing treatments to maintain results. Continued home care with skin care products will enhance results and help maintain results between treatments. No guarantee can be given as to the amount of benefit which may be obtained.

**RISKS:**

Microdermabrasion which may also include application of a fruit acid such as glycolic acid involves potential risks including but not limited to:

Redness, swelling, differences in color, texture or pigmentation at the junction between any treated and untreated skin, increased prominence of existing moles, blood vessels and sun spots, temporary to permanent changes in skin color, scarring and infection.

There is a possibility of developing cold sores especially for those patients prone to cold sores. There may be medication prescribed to help prevent an outbreak. There may be mild discomfort associated with the procedure. Acne may worsen temporarily as a result of this treatment. Patients should not be pregnant. For approximately one week following the procedure, skin will undergo a renewal process and there may be mild peeling which may be accompanied by mild itching and/or irritation.

ALTERNATIVES to microdermabrasion include: No treatment, fruit acid peels, other types of chemical peels, and the use of topical exfoliants such as Retin-A.

**CONSENT:**

I know that the practice of medicine and surgery is not an exact science and therefore, results cannot be guaranteed. No guarantee or assurance has been given to me by anyone in this office as to the result that may be obtained. I have had sufficient opportunity to discuss my condition and the proposed treatment and my questions have been answered to my satisfaction. I understand that additional treatments may be required to achieve the desired result and that there is a fee associated with any additional treatment. I believe that I have adequate knowledge on which to base an informed consent to the treatment. I consent to be photographed before, during, and after my treatments and that these photographs shall be the property of John W. Redmond, MD and may be used for educational purposes. By my signature, I acknowledge that I have read this informed consent form and that I have adequately been informed of the risks of undergoing Microdermabrasion – Power Peel® treatment, alternative methods, and the risks of not treating my condition and consent to treatment. I am not now pregnant and if attempting pregnancy have obtained within 24 hours of treatment a negative response to a home pregnancy test. I understand the contraindications listed above and further understand that it is my responsibility to inform this office of **any change** in my health status. Unless otherwise indicated this consent will apply for the duration of my treatment period if involving multiple treatments. I hereby give my consent and request to have Microdermabrasion – Power Peel® treatment(s).

\_\_\_\_\_  
Patient Name (print)

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
if minor, relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

**MICRODERMABRASION - POWER PEEL®**  
**FRUIT ACID TREATMENT**  
**POST TREATMENT INSTRUCTIONS**

Following microdermabrasion or fruit acid treatments your skin will be more sensitive to any product that you apply. Do not apply any skincare products containing fruit acids or Retin-A for seven (7) days following treatment. You should also avoid facial waxing, harsh chemicals, and applying any topical medications for 7 days post treatment.

There may be slight to moderate redness of the skin following either microdermabrasion or fruit acid treatments.

Skin sensitivity may result in mild discomfort, itching or irritation during the skin renewal process.

There may or may not be noticeable peeling for up to seven (7) days following a fruit acid treatment. Please do not pick at your skin. Allow the peeling to occur naturally.

It is best to wait a minimum of six (6) hours before applying make-up.

Avoid strong exposure to sunlight and any tanning bed exposure for at least seven (7) days following microdermabrasion or fruit acid treatments. You must wear a sunscreen and preferably a sunblock of spf 15 or higher following any skin peeling procedure or when using Retin-A or any skin bleaching agent.

Call the numbers below if you have any concerns or problems following your procedure.

**Emergency phone numbers:**

Main office phone	203-284-9448
Dr. Redmond home	203-265-3271
Dr. Redmond cell phone	203-376-7427