

**ELÖS FOTOFACIAL- RF INFORMED CONSENT**

ELÖS is a combined energy technology using both bi-polar radiofrequency and light energy. It is used for the treatment of wrinkles, benign vascular, pigmented lesions, hair removal, acne and to treat vascular lesions such as leg spider veins. The purpose of the FotoFacial-RF procedure is to improve the appearance of the skin. Redness, roseacea, spider veins or broken capillaries, sun damage and irregular pigmentation can be improved with FotoFacial-RF treatments. Additionally, collagen production is stimulated helping to minimize the appearance of fine lines and enlarged pores may be diminished. Intense pulsed light combined with radiofrequency energy selectively damages targeted blood vessels and irregular pigmentation with minimal damage to the surrounding tissue. This combined energy is absorbed by the blood vessel, resulting in their heating. The blood vessel walls are damaged, rendering the lesion invisible. The body then absorbs these damaged vessels. FotoFacial-RF treatments are performed following the use of specially formulated home care products for a period of time. It is important to continue to use these products during the treatment process. FotoFacial-RF treatments are performed in a series of five treatments at three week intervals. Gradual clearing of the skin occurs over time. Clinical results can vary from patient to patient and no guarantee as to results can be made or is given. Additional treatments, beyond five, may be necessary to achieve the desired results. This procedure is considered cosmetic in nature and is not covered by medical insurance.

**RISKS:** ELÖS and the FotoFacial-RF procedure involves potential risks including but not limited to: skin discoloration which may be permanent, scarring, redness, a burning sensation, bruising, and infection. Additionally, the use of some medications that increase photosensitivity including aspirin, ibuprophens and vitamin E, diabetes, history of keloid scarring, use of anti-coagulants, pacemakers and internal defibrillators, nickel allergy, a history of bleeding disorders, a recent history of a deep chemical or mechanical peel may all be contraindications to FotoFacial-RF treatments. There may be discomfort associated with treatments. Topical anesthetic may be applied prior to treatment. There is a possibility of developing cold sores. Those patients who have a history of repeated cold sores are advised to take medication which may help to prevent an outbreak. Acne conditions may worsen temporarily following treatment. Pigmented lesions may darken and blood vessels treated may appear bruised during a healing period which may last 1-2 weeks. Recent sun exposure or planned sun exposure is contraindicated. Patients undergoing FotoFacial-RF treatment must avoid sun exposure. Patients may not be pregnant when having Fotofacial-RF treatments. Acne conditions may worsen temporarily.

**ALTERNATIVES** to Fotofacial-RF treatment include: No treatment and topical bleaching medications and other oral medications such as those for Rosacea.

**CONSENT:**

I know that the practice of medicine and surgery is not an exact science and therefore, results cannot be guaranteed. No guarantee or assurance has been given to me by anyone in this office as to the result that may be obtained. I have had sufficient opportunity to discuss my condition and the proposed treatment and my questions have been answered to my satisfaction. I understand that additional treatments may be required to achieve the desired result and that there is a fee associated with any additional treatment. I believe that I have adequate knowledge on which to base an informed consent to the treatment. I consent to be photographed before, during, and after my treatments and that these photographs shall be the property of John W. Redmond, MD and may be used for educational purposes. By my signature, I acknowledge that I have read this informed consent form and that I have adequately been informed of the risks of undergoing ELÖS FotoFacial-RF treatment, alternative methods, and the risks of not treating my condition and consent to treatment. I am not now pregnant and if attempting pregnancy have obtained within 24 hours of treatment a negative response to a home pregnancy test. I understand the contraindications listed above and further understand that it is my responsibility to inform this office of **any change** in my health status. Unless otherwise indicated this consent will apply for the duration of my treatment period if involving multiple treatments. I hereby give my consent and request to have FotoFacial-RF treatment(s)

\_\_\_\_\_  
Patient Name (print)

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

**ELŌS FOTOFACIAL-RE**  
**POST TREATMENT INSTRUCTIONS**

- Cold packs, Aloe Vera or other cooling preparations may be used to ease any discomfort
- Avoid direct and indirect heat to treated areas for a 2 days following a treatment especially if there is a tendency to hyper-pigmentation following an injury
- Continue using your FotoFacial home care kit products. If only spot areas were treated, you may return to your normal skin care products.
- It is normal following treatment for vessels and pigmented areas to appear more prominent temporarily. They will lighten over the following weeks.
- Less frequently, pigmented lesions may darken from the absorption of the light energy and then may “slough” off within 14 to 21 days. If this occurs, it is important to allow it to happen naturally. Do not pick at the area(s).
- Wash the treated area with cool water and avoid hot water. You may apply a moisturizer if desired.
- Take extra care to avoid sun exposure – in addition to using sunblock, wear a hat.
- Call the office with any questions or concerns.

**Emergency phone numbers:**

Main office phone and 24 hour answering service	203-284-9448
Dr. Redmond’s home phone	203-265-3271
Dr. Redmond’s cell phone	203-376-7427